

The Complete Guide to Drawing Zentangle: A Workshop By Jasmin Pannu Art Studio

An all-ages step-by-step guide to creating amazing patterned artwork

Special Edition: Sikh Heritage Month

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Introduction to Zentangle:

Zentangle is an easy-to-learn art style. Layered patterns form a larger, beautiful work of art.

Zentangle is similar to doodling because you come up with patterns and then repeat them. You'll be in the zone and feeling creative in no time!

In this workshop we will be drawing using a special template I created for Sikh Heritage Month featuring Guru Gobind Singh Ji's devout Falcon companion.

It can look intimidating at first, but when you break it down, it's just a matter of three steps: drawing the general shape, drawing in guidelines and filling those guidelines with patterns. I've taught this exact workshop at elementary schools, corporate events and local galleries. Both kids and adults love it! So, follow along and I'll show you exactly what to do.

Artist Introduction:



[Jasmin Pannu](#) is an award-winning multidisciplinary Artist, specializing in murals and public art.

Jasmin's client roster includes the likes of Coca-Cola, the City of Toronto and Indigo, for whom she has created works of art that inspire community and belonging.

Her artworks have gained coverage from both national and international media and galleries.

Let's Get Started!

Gather your supplies: Fine-tip marker or outliner, pencil (optional), eraser (optional)

Step 1: I've completed this one for you! Print or trace the outline below: If you'd like to try it yourself, draw the outline with thick marker and double line it. Pro Tip: Only outline the general shape and features (e.g. eyes, hair, etc.) that you want to stand out



Draw your main guidelines as shown:



Start filling between the guidelines with patterns



Here are some of the patterns I've used for the face.
I try to alternate between busy and less-busy patterns to create an interesting aesthetic.



Now, we'll move on to the body, creating guidelines that frame the shape.



I encourage you to play and experiment with the patterns you use! Here are my go tos! I'm actually repeating just 5 patterns throughout this artwork!



Now let's create those guidelines for the legs and tail! I try to draw my guidelines in a way that best flatter the anatomy.



You guessed it! Next we fill in our patterns. Once you get a few patterns down and packed, you really start to get into flow and appreciate the beautiful intricacy of what you're creating.



Next, we'll do feathers!



First the general shape, and then added line work for beautiful detailing.



Moving on to the wings, now. We're going to start with our guidelines, and then add in patterning and feathers the way we've learned to! (And as always, this is how I've done it, but feel free to experiment!)





When you're done both sides, it might look a little something like this:



Okay, now for the super fun part! We're going to add some beautiful contrast to our drawing, by adding cross-hatching at the areas shown by the red lines:



Here's a close up of the shading technique. It creates the illusion of depth. Pro tip: I also go in and double line around those areas for thicker lines and more contrast.



And there you have it! You've created a stunning, mesmerizing work of art while practicing your drawing skills in a meditative state (and if you didn't feel that this time- you will with practice!)



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Hope you enjoyed this workshop!

Share your creations with me on Instagram by tagging me [@JasminPannu](https://www.instagram.com/JasminPannu)

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